## IN PRAISE OF AGEING PATRICIA EDGAR

AMES BRAUND

Patricia Edgar is a sociologist, educator, film and television producer, writer, researcher, and policy analyst. Through a career spanning four decades she has been at the forefront of media for children nationally and internationally, winning multiple awards for her achievements and programs. In this book she turns her attention to ageing policy in Australia.

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## IN PRAISE OF AGEING

'I enjoy what is left. I have so many interests. I can't help being busy.' ¶ 'There just isn't enough time in the day, the year.' ¶ 'I appreciate the gift of life —the beauty of sunny days...'

PATRICIA EDGAR

Retirement is not the time to cut all ties and head off to live in a warm climate but rather to ask: Who do I want to be near? How will my relationships be reaffirmed? What do I care about? What can I create and contribute to the world?

MEET Jim Brierley, who was still jumping out of planes aged eighty-eight. And Muriel Crabtree, whose exhibition of pastels was opened by the governor-general shortly after Crabtree died aged 102.

A girl born today is likely to live to more than one hundred, with boys not far behind. Yet rather than focusing on the productive, rich, varied lives older people lead we dwell on the burden of ageing. *In Praise of Ageing* tells the stories of eight people who have lived well into their nineties and beyond. These people will inspire you, entertain you and motivate you to be connected, interested, risk-taking and inventive. They will challenge your preconceptions. And they will convince you that fifty is now the start of the second half of life and not the beginning of the end.

Patricia Edgar's *In Praise of Ageing* is timely and groundbreaking in its desire to reshape our thinking.

'Patricia is a sort of centurion in her abilities to kick down doors and push walls over...she gets things done.' Phillip Adams





'Many envy me; most friends continue to tell me I am marvellous.' FLORA NOYCE



'In the ensuing years there may sometimes be an occasional doubt about miracles but then the superb grandchildren arrive and life reinvents itself. ' LESLEY FALLOON



'I like skydiving better than gardening.' JIM BRIERLEY